At Junior Certificate level I can:

Apply my knowledge of Food Digestion and Excretion

Learning Targets I can...

1. Identify three foods that are a good source of each of the following: carbohydrate, fat and protein
2. Carry out tests for fat, reducing glucose, starch and protein
3. Use the food pyramid as a guide to a balanced diet
4. Read the energy values of food levels and compare the energy content Per 100g of a number of foods
5. Investigate the simple conversion of chemical energy in food to heat energy
6. Identify and label the major parts of the digestive system and give a function to each
7. Identify and give the function of incisors, canines, premolars and molars
8. Investigate the action of amylase on starch
9. Explain excretion. List the main organs and products of excretion
10. Label the major parts of the urinary system on a diagram and give the functions of each part

Refer also to: Art, Home Economics, Personal and Social Development, Physical Education, Maths

Work begun  | Work in progress  | Work completed