

Alcohol and Smoking

SPHE

Statement Code no: 1

Student:

Class:

At Junior Certificate level the student can:

Use relevant knowledge about alcohol and smoking to make informed and positive life choices

Date Commenced: / /

Date Awarded: / /

Learning Targets - This has been demonstrated by your ability to:

- | | | | | |
|----|---|--------------------------|--------------------------|--------------------------|
| 1 | Explain what alcohol is | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 | List the reasons why people drink | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 | Know what the effects of alcohol are | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 | Discuss the dangers of alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 | Discuss the positive use of alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 | Discuss the reason why alcohol is illegal for minors | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 | Contrast the cultural uses of alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 | Give the reasons why some people don't drink | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 | Describe the effects smoking has on the body | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Give reasons why some people smoke | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 | Explain the different ways people can stop smoking | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12 | Practice the different ways of saying NO | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13 | List the different leisure activities that do not involve alcohol | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Work begun | Work in progress | Work completed