

# Area of Experience: Social, Personal and Health Education

## SPHE

At Junior Certificate level the student can:

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|--|--|
| <b>1 Alcohol and Smoking</b>   | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Use relevant knowledge about alcohol and smoking to make informed and positive life choices  |  |
| <b>2 Legal and Illegal Substances</b>  | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Understand and recognise legal and illegal substances to help you make positive life choices |  |
| <b>3 Bullying</b>  | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Identify and label bullying behaviour and possible responses to such behaviour               |  |
| <b>4 Personal Security and Safety</b>  | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Identify and suggest different ways of promoting personal security and safety                |  |

Work begun  | Work in progress  | Work completed