

Adventure Activities (Level 1)

PE

Statement Code no: 8

Student:

Class:

At Junior Certificate level the student can:

Navigate and take part in a team challenge (Level 1)

Date Commenced: / /

Date Awarded: / /

Learning Targets* - This has demonstrated by your ability to:

- | | | | | |
|----|--|--------------------------|--------------------------|--------------------------|
| 1 | Bring the correct clothing and equipment to class | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 | Handle equipment carefully and safely | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 | Carry out instructions when given | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 | Take part in a team challenge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 | Set a map and travel in the correct direction | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 | Understand the procedures associated with an orienteering event | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 | Recognise orienteering symbols | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 | Identify the features on a map with real life objects | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 | Take part in a basic orienteering event | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Know the country code | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 | Construct a shelter | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12 | Recognise the safety aspects of your selected adventure activity | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13 | Understand what makes a team work well together | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

*Two targets from HR statement must be undertaken in order to complete this statement

Work begun | Work in progress | Work completed