

Dance (Level 1)

PE

Statement Code no: 5

Student:

Class:

At Junior Certificate level the student can:

Perform a dance individually or as part of a group (Level 1)

Date Commenced: / /

Date Awarded: / /

Learning Targets* - This has demonstrated by your ability to:

- | | | | | |
|----|---|--------------------------|--------------------------|--------------------------|
| 1 | Bring the correct clothing and equipment to class | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 | Carry out instructions when given | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 | Know how to warm up and know why it's important | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 | Learn and perform a dance phrase | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 | Create your own dance phrase | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 | Make up your own dance sequence | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 | Dance on your own | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 | Dance with a partner or in a group | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 | Know how to improve your dance performance | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Participate in a variety of dance forms | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 | Respect the efforts of your classmates | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12 | Know what makes up a good dance performance | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

*Two targets from HR statement must be undertaken in order to complete this statement

Work begun | Work in progress | Work completed