At Junior Certificate level the student can:

Perform a dance individually or as part of a group (Level 1)

Learning Targets* - This has demonstrated by your ability to:

1. Bring the correct clothing and equipment to class
2. Carry out instructions when given
3. Know how to warm up and know why it’s important
4. Learn and perform a dance phrase
5. Create your own dance phrase
6. Make up your own dance sequence
7. Dance on your own
8. Dance with a partner or in a group
9. Know how to improve your dance performance
10. Participate in a variety of dance forms
11. Respect the efforts of your classmates
12. Know what makes up a good dance performance

*Two targets from HR statement must be undertaken in order to complete this statement