

Personal Hygiene

HE

Statement Code no: 8

Student:

Class:

At Junior Certificate level the student can:

Understand and recognise the need for personal hygiene practices

Date Commenced: / /

Date Awarded: / /

Learning Targets - This has been demonstrated by your ability to:

- | | | | | |
|----|---|--------------------------|--------------------------|--------------------------|
| 1 | Wash hands and nails correctly | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 | Have clean hair and appropriately tied back | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 | Have clean apron | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 | Choose correct products for basic hygiene | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 | Describe how to wash hair | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 | Describe how to clean hair brush and comb | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 | Recognise importance of washing hands before handling food, after using toilet, after touching face and hands | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 | Recognise importance of wearing clean underwear and frequency of change | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 | List the consequences of poor hygiene, health and food contamination | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 | Recognise suitable footwear for use in kitchen | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Refer also to: English, Maths, Physical Education, Science, CSPE, Science

Work begun | Work in progress | Work completed