

Growth and Development 2

CC

Statement Code no: 40

Student:

Class:

At Junior Certificate level the student can:

Apply the skills needed to clarify values and make lifestyle decisions

Date Commenced: / /

Date Awarded: / /

Learning Targets - This has been demonstrated by your ability to:

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|---|--|
| 1 Identify some of the key values which are important in our society, for example respect, freedom and honesty | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 2 Explain how these values might affect our everyday lives at home and in school | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 3 Identify which values are personally important | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 4 Explain how everyday actions and behaviour are linked to one's value system | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 5 Identify some of the choices which people make in deciding which values are important to them | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 6 List the main steps involved in effective decision making | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 7 Explain the link between decision making and personal responsibility | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 8 Define the main aspects of self control | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 9 Give examples of how some people under pressure deal with their problems, for example addiction | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 10 Suggest ways of handling these responses, for example accessing support services | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 11 Explain how to access important information, for example through social services, support systems, community and personal networks | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |

Refer also to: English, Civic Social and Political Education, Drama, Physical Education, Religious Education