Learning Targets - This has been demonstrated by your ability to:

1. Give examples of ways in which relationships between the sexes can change during adolescence
2. Describe the physical and emotional changes which occur in girls and boys during adolescence
3. Know the standard names of the sexual organs and their functions
4. Describe the key stages in the cycle of human reproduction including menstruation, fertility cycle, sexual intercourse, conception and birth
5. Name and describe the symptoms of sexually transmitted diseases
6. Explain how sexually transmitted diseases may be avoided and treated
7. Explain how the AIDS virus is transmitted and suggest ways of avoiding infection
8. Name and describe the whole range of options available to minimise the risk of unplanned pregnancy
9. List the names, addresses and contact numbers of support services including local, national, formal, informal helplines, support groups, school and health board counselling services