Relationships: Self-Awareness

Statement Code no: 37

At Junior Certificate level the student can:

Identify, express and display personal qualities in a positive way showing an awareness of the needs of other people

Learning Targets - This has been demonstrated by your ability to:

1. Give an accurate and positive physical description of yourself
2. Identify some of your own aptitudes, skills and qualities
3. Identify some important personal preferences
4. Use the correct words to describe preferences, opinions and wishes
5. Examine ways in which words can hurt yourself and other people, for example name-calling and teasing
6. Describe ways of taking care of yourself, for example through diet, hygiene, exercise and rest
7. Describe the qualities and actions which you expect to find in a good friend
8. Give examples of the kind of behaviour which would stop you making friends with someone
9. Suggest reasons why people’s friendships sometimes change with time
10. Give examples of how words can give a positive message

Refer also to: English, Art, Drama, Home Economics, Religious Education, Physical Education, History, Environmental and Social Studies, Geography

Work begun | Work in progress | Work completed