

Relationships: Self-Awareness

CC

Statement Code no: 37

Student:

Class:

At Junior Certificate level the student can:

Identify, express and display personal qualities in a positive way showing an awareness of the needs of other people

Date Commenced: / /

Date Awarded: / /

Learning Targets - This has been demonstrated by your ability to:

- | | |
|--|--|
| 1 Give an accurate and positive physical description of yourself | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 2 Identify some of your own aptitudes, skills and qualities | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 3 Identify some important personal preferences | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 4 Use the correct words to describe preferences, opinions and wishes | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 5 Examine ways in which words can hurt yourself and other people, for example name-calling and teasing | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 6 Describe ways of taking care of yourself, for example through diet, hygiene, exercise and rest | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 7 Describe the qualities and actions which you expect to find in a good friend | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 8 Give examples of the kind of behaviour which would stop you making friends with someone | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 9 Suggest reasons why people's friendships sometimes change with time | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| 10 Give examples of how words can give a positive message | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |

Refer also to: English, Art, Drama, Home Economics, Religious Education, Physical Education, History, Geography

Work begun | Work in progress | Work completed