Adventure Activities (Level 1)

PE

Statement Code no: 8

Student:

Class:

At Junior Certificate level the student can:

Navigate and take part in a team challenge (Level 1)

Date Commenced: ☐☐/☐☐/☐☐ **Date Awarded:** ☐☐/☐☐/☐☐

Learning Targets* – This has demonstrated by your ability to:

1	Bring the correct clothing and equipment to class	☐ ☐ ☐
2	Handle equipment carefully and safely	☐ ☐ ☐
3	Carry out instructions when given	☐ ☐ ☐
4	Take part in a team challenge	☐ ☐ ☐
5	Set a map and travel in the correct direction	☐ ☐ ☐
6	Understand the procedures associated with an orienteering event	☐ ☐ ☐
7	Recognise orienteering symbols	☐ ☐ ☐
8	Identify the features on a map with real life objects	☐ ☐ ☐
9	Take part in a basic orienteering event	☐ ☐ ☐
10	Know the country code	☐ ☐ ☐
11	Construct a shelter	☐ ☐ ☐
12	Recognise the safety aspects of your selected adventure activity	☐ ☐ ☐
13	Understand what makes a team work well together	☐ ☐ ☐

*Two targets from HR statement must be undertaken in order to complete this statement

Work begun ⬤ ☐ ☐ | Work in progress ⬤ ⬤ ☐ | Work completed ⬤ ⬤ ⬤